

Society of Otorhinolaryngology
and Head-Neck Nurses, Inc.



President's message:

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"Only those who dare to fail greatly can ever achieve greatly." -Robert F. Kennedy

Can you believe that the summer is almost over? We are now gearing up for the 32nd Annual Congress and Nursing Symposium in Chicago, September 19-23. Are you planning to attend? Please let me know if you are going and what days you are staying. It would be nice to have a get together of the Maryland/DC chapter members.

Our next chapter meeting will be October 8, 2008 at Johns Hopkins Hospital. We are still planning to either teleconference or polyconference. Please look for the flyer coming to you soon.

Enjoy the rest of your summer. Hopefully you will become renewed and energized to begin the fall and to achieve your personal and professional goals.

Best regards,
Carol

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SPOHNC Meetings



SPOHNC, is a patient-directed, self-help organization dedicated to meeting the needs of oral and head and neck cancer patients. SPOHNC, founded in 1991 by an oral cancer survivor, addresses the broad emotional, physical and humanistic needs of this population. <http://www.spohnc.org/index.html> or local @

<http://www.spohnc.org/index.html> Meetings are 2nd Wednesday of each month from 7:00 – 8:30 p.m. at Johns Hopkins Greenspring Station, 10755 Falls Road, Lutherville, MD. **Our usual meetings will resume on September 10th, 2008 at JH GSS.**

In the spirit of giving, we are doing something different instead for August. Please join SPOHNC along with the Society of Head and Neck Nurses (SOHN) in providing an ice cream social for Hope Lodge residents! The American Cancer Society's Hope Lodge provides free, temporary housing facilities for cancer patients who are undergoing treatment and a home-like nurturing environment so patients can get support from others going through the same experience.

Date: Thursday, August 14th **Time:** 6:30pm **Place:** Hope Lodge
Address: 636 West Lexington Street Baltimore, MD 21201 **Phone :** 410-547-2522
For more information on participating, call Kim Webster at 410-955-1176 or Dwayne at 717-615-7464.

Welcome New Members

Anita Baleros-Brown,
BSN, RN, CNOR,
Gaithersburg

Padraic Brown, RN,
Gaithersburg

Stephanie R. Jeffrey,
FNP, PNP
Richmond

FUTURE MEETING DATES

2008

**September 19-23-
32nd Annual
Congress and
Nursing
Symposium in
Chicago**

**October 8 – Johns
Hopkins Hospital
with CEU's**

**November 12
GBMC
With CEU's**

**Annual Spring
SOHN Conference-
March 29, 2009**



Oral, Head & Neck Cancer Awareness Screening at Otolaryngology Clinic at Penn State Hershey

On April 24, 2008 we held an Oral, Head & Neck Cancer Awareness Screening, which hopefully will be an annual event, at the Otolaryngology Clinic at Penn State Hershey. Planning started back in November, meeting with our staff, setting a date, contacting our strategic services dept, writing letters for donations etc.

Our MDs, residents, speech therapist, PA, nurses & front desk staff all made themselves available for this event. It was held after clinic, from 4PM to 7 PM. We originally had 69 people sign up but only had 51 showed up that day. Of the 51, 15 were found to need further follow up for questionable findings. We had several tables set up in our waiting room with balloons, posters, info on smoking cessation, a video tape of a news interview with one of our former Dr.'s about a reporter from that station (who was a pt. of ours) who was a non-smoker that had a stage one oral cancer how it was found, treated etc. After each person was examined, they spoke with a staff person, who reviewed a flyer we handed out with signs & symptoms to watch for in detecting these kinds of cancer. They were also given a little "quit smoking survival kit" that included a list of reasons to quit with such things as ..a penny..for "the money you'll save "...and a piece of Dentyne gum..."for the fresh breath you'll now have"...a marble.." in case you lose yours during this trying time" etc. We also had a company that donated red heart shaped stress balls, head & neck cancer wristbands & pins. Cookies & drinks were also provided as well as sandwiches for the staff.

It was a successful event that raised community awareness of early detection & treatment of Oral, Head & Neck Cancer & smoking cessation. -Betty Cek



KUDOS TO OUR MEMBERS

**Next meeting:
Topic: TBA
Speaker: TBA
Place: Johns
Hopkins**

Sheila Whitt, R.N. and Laurie Turner, R.N. participated in Oral Cancer Screening held at Johns Hopkins through the Department of Otolaryngology, Head and Neck Surgery. This took place in April. There where over 80 pts screen.

Sheila Whitt, R.N. and Laurie Turner, R.N, Carol Maragos, CRNP manned an "Ask the expert table" on oral cancer awareness.

Karen Mitchell, RN., BSN. won the Laurie Tuner Nursing Award in the Department of Otolaryngology, Head and Neck Surgery at Johns Hopkins.

SOHN NEWSLETTER

MARYLAND/DC CHAPTER

Otorhinolaryngology/Head and Neck Nursing

Congratulations to Martha Porta, RN for recertifying her CORLN! Great job Martha!

Certification/Recertification

Are you thinking about becoming certified in ORL nursing, or do you need to be recertified? The certification examination schedule is as follows:

Application Deadline

9/1/2008

4/1/2009

9/1/2009

Examination Date

10/11/2008 - 10/25/2008

5/2/2009 - 5/16/2009

10/10/2009 - 10/24/2009

Please go to the National Certifying Board of Otorhinolaryngology/Head and Neck nursing website <http://www.ptcny.com/clients/NCBOHN/index.html> to learn more details and to apply.



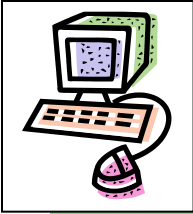
June Meeting highlights

Topic: Overview of Clinical Trials for Otolaryngology Patients

Speaker: Lisa Leathwood, RN, BSN, Mary Ann Yancey, RN, MSN, AOCN, Laura Otten, RN, Susan Rudy, MSN, CRNP, CORLN, & Linda McCullagh, RN, MPH.

The June meeting presentation "Open NIH clinical center trials for otolaryngology patients" was our first polyconferencing success! Fairfax, Johns Hopkins and NIH participated by phoning into Spiderphone, being able to converse on speaker phone and watch the powerpoint slides on the computer. The cost was a nominal \$42.00. We are still exploring the option of teleconferencing, which would allow us to see each other on screen.

The presentation was very interesting and educational. Laura, Mary Ann Susan, Linda, and Lisa presented on the classifications of clinical trials and the various trials that are currently being conducted. The contact information for ongoing research studies is 1-800-4-cancer, or log into cancer.gov. You may also contact the National Cancer Institute at 1-888-NCI-1937. Thank you to the speakers and to the participating hospitals.



Head and Neck Cancer Webcourse is Now Available!

How well do you understand the diagnosis, treatment and management of head and neck cancer? Get the information you need by attending the Site Specific Cancer Series: Head and Neck Cancer Online Course, and be the first among your peers to participate in this exciting learning experience.

This engaging interactive webcourse provides an understanding of the risk factors, diagnostic process, and treatment of this disease. You will learn what issues patients with head and neck cancer face, while you become proficient in the understanding and management of these problems.

At the end of this faculty-led course, you will be equipped with the evidence-based knowledge that you need to care for patients with this complex diagnosis. You will also be able to:

- Describe normal anatomy of the major head and neck regions.
- Identify epidemiologic trends in head and neck cancer in the United States.
- State items included in a comprehensive health history.
- Describe the importance of the pathology report in tumor staging and treatment planning.
- Name nursing interventions used to manage mucositis.
- And much, much more.

Upon successful completion of the post-test and course evaluation, you will obtain 20 continuing nursing education credits. This course includes a required course textbook, Site-Specific Cancer Series: Head and Neck Cancer. If you have already purchased the text, you may register for the course at a reduced rate. . But hurry! The next available course is right around the corner! Click below to learn more and register: <http://onsopcontent.ons.org/Education/DistanceEducation/headneck/index.shtml>

Editor's Note:

Please submit information to me as the news happens. This is a record on what is happening in our chapter.

- The newsletter can be a forum for questions-submit your question with your email address, draw on the wealth of knowledge in our chapter.
- We would like to advertize member's activities, submit what you are doing in your setting or your community.
- Advertize your events or conference
- Write an article-teach us something you know, a new product or intervention.

**Send all info by email to mdesell1@jhmi.edu
Nina DeSell, C.R.N.P.**

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