

FALL 2009
VOLUME 3, ISSUE 3

SOHN NEWSLETTER

MARYLAND/DC CHAPTER



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Treasurer Christina J Anagnostopoulos BSN RN canagno1@jhmi.edu
Secretary Karen Ulmer, BSN, RN, CORLN KULMER@gbmc.org

Welcome
New Members

Susannah S Wargo
CRNP NP-C
Fairfax VA

Donna K Simonton
BSN MHPE
Silver Spring MD

President's message:

Well, fall is here! We have been busy since last newsletter. We had a great lecture at our last meeting, see the link below. San Diego was informative and fun. MD/DC chapter won the Chapter Excellence award. Our members Laurie Turner Carol Maragos, and Vinciya Pandian, along with nursing colleague Karen Joyner won the research poster presentation. We had many members participating in the conference.

The new website is up and under construction!! Website is:

<http://www.sohnmddc.com>

Nina



MEETING HIGHLIGHTS-

June and September

Next meeting

November 11th

Topic: Palliative Care and Head and Neck Cancer.....

Speaker: Danielle J.

Doberman, MD, MPH,
Medical Director, Palliative
Medicine

Place: GBMC ENT Clinic,
Physicians Pavilion North I,
6535 N. Charles Street,
Baltimore, MD 21204:

<http://www.gbmc.org/body.cfm?id=79>

Time: 5:30 pm

CEUs: Awarded

Spiderphone:

Please let Nina know if
you intend to use.

June Meeting at Johns Hopkins Greenspring Station

Topic: "Adolescents' Responses to Having a Mother with Cancer"

Speaker: Dr. Beth Grabiak

September Meeting at Johns Hopkins Outpatient Center

Topic: EXIT Procedure for CHAOS

Speakers: Ian Smith, MD



Picture of our most amazing twin (left) delivered with the Exit procedure and her family. For more information about the EXIT procedure see:

http://www.hopkinsmedicine.org/otolaryngology/patients/news_and_publications/Headlines_ishman

HAPPENINGS IN 2009

November 11, 2009
MD/DC SOHN GBMC

January 13, 2010
MD/DC SOHN GWU

March 10, 2010
MD/DC SOHN JHH

March 26, 2010
Annual Conference @
MD/DC SOHN GBMC

April 17, 2009
Saturday, business
meeting, location
TBA

April 27-May 2, 2010
COSM/SOHN Spring
Meeting-Las Vegas

June 9, 2010
MD/DC SOHN NIH



Increasing Trends in MRSA and the ENT Implications Lecture by Betsy K. Kim, MSN, CRNP, CORLN

I learned a lot about MRSA in this talk. First of all, MRSA was first recognized as an entity only in 1968. It was quite rare then. Now, 13.2% of all otorrhea is caused by MRSA.

Children with MRSA have had more courses of antibiotics overall than their peers without MRSA. Approximately 3% of acute rhinosinusitis is associated with MRSA.

There are 2 types: 1) community acquired which is cultured within 48 hrs of being treated in the hospital or outpatient setting without a prior history and 2) hospital acquired which is associated with invasive procedures or spread by health care workers.

There are 3 subtypes of HA-MRSA (I, II, and III) and one type of CA-MRSA (type IV).

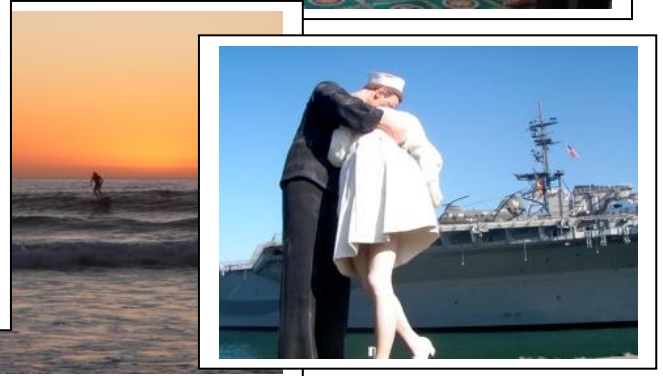
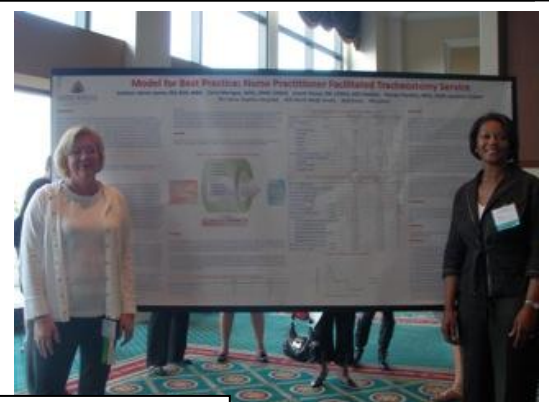
The bottom line with all of this is to use good hand washing, avoid the use of antibiotics unless needed and for only as long as needed and to avoid sharing towels, razors or other objects which can transmit the bacteria.

Submitted by Barbara Gottschalk, CRNP

33rd Annual Congress and Nursing Symposium San Diego

HAPPY HOUR AT THE MARRIOTT
SAN DIEGO HARBOR

POSTER PRESENTATION: LAURIE
TURNER AND KAREN JOYNER





Become a certified in ORL nurse or recertify.

Application

Deadline:

4/1/2010 9/18/2010

Exam Dates:

5/1/2010 - 5/15/2010

10/9/2010 - 10/23/2010

Please go to the National Certifying Board of Otorhinolaryngology Head and Neck nursing website

<http://www.ptcny.com/clients/NCBOHN/index.html> to learn more details and to apply.



SAMPLE QUESTIONS FROM ORL CERTIFICATION: DO YOU KNOW THE ANSWER?

1. Which of the following best describes a hearing loss caused by a cerumen impaction?
 1. Mixed
 2. Conductive
 3. Psychogenic
 4. Sensorineural

5. To control epistaxis the **FIRST** action should be to
 1. pack nasal cavity with gauze.
 2. cauterize with silver nitrate.
 3. lie down and apply ice on the forehead.
 4. apply pressure by squeezing the nostrils together.

6. Which of the following can be used to test the seventh cranial nerve?
 1. Smile
 2. Smell test
 3. Shoulder movement
 4. Tongue movement

Correct answers on next page



SPOHNC Meetings

Johns Hopkins: Meets monthly on the 2nd Wednesday

Time: 7:00 – 8:30 p.m.

Place: Johns Hopkins Greenspring Station, 10755 Falls Road, Lutherville, MD.

Next JH meeting is November 11th. Our speaker will be: Dr. Kavita Pattani, JH fellow in head and neck cancer. She will be addressing your questions on, "Follow-up care after treatment."

For more information on participating, call Kim Webster at 410-955-1176 or Dwayne at 717-615-7464. www.jhspohnc.com

GBMC SPOHNC support Group meets the 3rd Tuesday of each month, Time: 7 pm - 8:30 pm

Place: Physician's Pavilion East conference center

Laryngectomy Interest Group meets the 1st Tuesday of each month

Time: 12 noon 'til 1 pm

Place: Physician's Pavilion East conference center

SPOHNC is a patient-directed, self-help organization dedicated to meeting the needs of oral and head and neck cancer patients or caregivers. www.spoync.org



We have been using Spiderphone.com to connect to other groups in DC and Virginia. This is the web-enhanced audio conferencing service. Both audio conferencing and web interfaces allows our conference participants to hear the speaker in real-time and view the presentation. This has allowed us to collaborate with our colleagues from far away.

In order to participate, you need a telephone with speakerphone (if more than one person will be viewing from a computer terminal) and a computer terminal with an internet connection, and browser with javascript and cookies enabled.

<http://www.spiderphone.com/>

ANSWERS: 1. 2 5. 4 6. 1



Editor's Note:

Please submit information to me as the news happens. Send all info by email: mdesell1@jhmi.edu
Nina DeSell, C.R.N.P.

33rd Annual Congress and Nursing Symposium San Diego: Poster Presentation

A poster was presented at the Annual SOHN conference in San Diego; Ca entitled Model for Best Practice: Nurse Practitioner Facilitated Tracheostomy Service. Authors included Karen Joyner, Carol Maragos, Vinciya Pandian, and Laurie Turner. The research poster demonstrated how this service has improved the standard of care and outcomes for tracheostomy patients. Developed in 2007, a nurse practitioner run tracheostomy service has been documented to decrease the length of stay, improve patient safety and efficiency of the service. As an innovative approach to managing tracheostomy patients efficiently, advanced practice nurses may play an important role.

Submitted by Laurie Turner, RN

This is the future site to highlight our member. I need a volunteer to help with this project.



KUDOS TO OUR MEMBERS

Outreach: 3 of our members will participate in/assist at the blood drive at St. Luke Lutheran church in June. Anne Haupt and Joyce McAdoo put together a table and distributed color books and smoking cessation information. Nina DeSell helped man the table with the help of her son Taylor. Joyce and Nina donated blood.

SOHN Meeting in San Diego: Members presenting included Doreen Gagne and Nina DeSell for the pharmacology course. Carol Maragos, Laurie Turner and Vinciya Pandian showcased and won the research poster at the SOHN conference. Marybeth Gentry was the coordinator for the poster presentation. Barbara Gottschalk was a poster judge. Nina and Barb volunteered to be a coordinators or moderators for the educational sessions.

SOHN Board Members:

Educational Exhibits Work Group

Marybeth Gentry BSN RN CORLN

Membership Enhancement Committee

Karen Ulmer BSN RN CORLN